

Standard Distance

Results are Provisional until confirmed, Full Results on www.coretiming.ie

Rank	Bib Name	Last	Sex	Age	Club	Swim	Pos T1	Cycle	Pos Km/h T2	Run	Pos Km/h Gap	Finish	Gun					
1.	25	Donncha Kiely	m	M35-39	Cork TC	00:10:30	1.	00:01:13	01:02:16	3.	38,5	00:01:27	00:38:33	5.	15,5	-	01:54:01	01:55:02
2.	108	John O rourke	m	M35-39	Tried & Tested TC	00:12:08	21.	00:01:27	01:01:42	1.	38,8	00:01:39	00:38:20	4.	15,6	+1:16	01:55:17	01:57:06
3.	122	East Cork East Cork	m	Relay		00:11:28	3.	00:00:56	01:05:03	7.	36,8	00:01:29	00:39:38	7.	15,1	+4:35	01:58:36	01:58:41
4.	81	Luke Lyons	m	M20-24	Limerick TC	00:10:52	2.	00:01:17	01:05:20	8.	36,7	00:01:29	00:40:07	9.	14,9	+5:06	01:59:07	01:59:09
5.	121	BTC BTC	m	Relay		00:11:41	8.	00:01:06	01:04:58	6.	36,9	00:01:16	00:40:11	11.	14,9	+5:12	01:59:14	01:59:22
6.	5	Justin Ryan	m	M25-29	Blackwater TC	00:11:46	12.	00:01:41	01:06:59	18.	35,8	00:01:11	00:37:39	3.	15,9	+5:17	01:59:18	01:59:21
7.	3	Edward Kelly	m	M35-39	Belpark TC	00:12:59	62.	00:01:51	01:03:12	4.	37,9	00:01:37	00:42:27	18.	14,1	+8:07	02:02:09	02:04:00
8.	135	Pdraig Purcell	m	M40-44		00:12:22	31.	00:01:27	01:06:41	14.	35,9	00:01:28	00:40:33	13.	14,7	+8:33	02:02:35	02:03:28
9.	93	David McCarthy	m	M35-39	Midleton Cycling and	00:12:04	19.	00:01:15	01:05:26	11.	36,6	00:01:36	00:42:18	16.	14,1	+8:40	02:02:42	02:02:46
10.	32	Peter Martin	m	M30-34	Cork TC	00:12:38	45.	00:02:18	01:06:26	13.	36,1	00:01:17	00:40:11	10.	14,9	+8:49	02:02:51	02:03:35
11.	38	Paul Kennedy	m	M35-39	Cork TC	00:12:57	60.	00:01:35	01:34:01	143.	25,5	00:01:23	00:13:02	1.	46,0	+8:58	02:03:00	02:03:05
12.	8	Conor Bartley	m	M45-49	Blackwater TC	00:11:57	17.	00:01:52	01:07:12	20.	35,7	00:01:17	00:41:07	14.	14,5	+9:25	02:03:27	02:04:54
13.	107	Kieran Corcoran	m	M40-44	Tri an Mhi TC	00:12:23	32.	00:02:10	01:05:26	10.	36,6	00:04:21	00:39:34	6.	15,1	+9:55	02:03:56	02:04:37
14.	41	Edward O'mahony	m	M40-44	Cork TC	00:12:54	58.	00:01:45	01:05:22	9.	36,7	00:01:22	00:43:20	23.	13,8	+10:44	02:04:45	02:05:57
15.	73	Paul Dermody	m	M40-44	Kilkenny Triathlon Club	00:12:22	30.	00:02:02	01:04:48	5.	37,0	00:01:44	00:44:32	30.	13,4	+11:29	02:05:31	02:06:10
16.	106	Joe O connor	m	M35-39	Tralee Tri	00:12:33	42.	00:02:05	01:09:06	33.	34,7	00:01:34	00:40:27	12.	14,8	+11:46	02:05:47	02:06:25
17.	36	Eric Lucking	m	M30-34	Cork TC	00:12:13	23.	00:02:03	01:07:18	22.	35,6	00:01:12	00:44:15	29.	13,5	+13:01	02:07:02	02:07:51
18.	44	Thomas O'Connor	m	M30-34	Cork TC	00:13:00	64.	00:01:29	01:07:04	19.	35,7	00:01:47	00:43:42	26.	13,7	+13:03	02:07:05	02:07:51
19.	30	Noel O'Regan	m	M50-54	Cork TC	00:12:33	41.	00:01:35	01:08:27	25.	35,0	00:02:08	00:42:22	17.	14,1	+13:05	02:07:06	02:07:26
20.	54	Shane Bergin	m	M45-49	Cork TC	00:12:28	35.	00:01:43	01:06:46	15.	35,9	00:01:58	00:45:07	35.	13,2	+14:02	02:08:03	02:08:23
21.	26	Katie Cooke	f	F40-44	Cork TC	00:11:38	6.	00:01:44	01:07:15	21.	35,6	00:01:13	00:46:12	46.	12,9	+14:03	02:08:04	02:08:17
22.	100	David Murphy	m	M35-39	South Coast TC	00:12:36	44.	00:02:03	01:08:40	28.	34,9	00:01:41	00:43:39	25.	13,7	+14:40	02:08:41	02:11:09
23.	59	Paul Griffin	m	M35-39	Cork TC	00:12:22	28.	00:01:56	01:06:56	17.	35,8	00:01:48	00:45:42	42.	13,1	+14:44	02:08:45	02:09:02
24.	34	Neil Creedon	m	M55-59	Cork TC	00:11:47	13.	00:01:51	01:06:54	16.	35,8	00:01:40	00:46:32	50.	12,8	+14:44	02:08:45	02:08:55
25.	141	Anthony Kirwan	m	M40-44		00:13:54	111.	00:01:55	01:09:04	32.	34,7	00:01:21	00:43:09	21.	13,9	+15:23	02:09:25	02:09:45
26.	12	Harry Feeney	m	M35-39	Blackwater TC	00:13:11	78.	00:02:05	01:13:26	58.	32,6	00:01:05	00:39:53	8.	15,0	+15:39	02:09:40	02:14:03
27.	23	Joyce Wolfe	f	F40-44	Cork TC	00:11:45	11.	00:01:34	01:09:30	36.	34,5	00:01:22	00:45:32	40.	13,1	+15:43	02:09:45	02:09:59
28.	136	John Mcdonald	m	M40-44		00:12:56	59.	00:02:29	01:07:44	23.	35,4	00:01:41	00:44:53	33.	13,3	+15:43	02:09:45	02:13:53
29.	173	Richard Bartley	m	M45-49		00:13:05	67.	00:01:37	01:05:27	12.	36,6	00:01:27	00:48:34	67.	12,3	+16:10	02:10:11	02:10:29
30.	33	Paul Kelly	m	M40-44	Cork TC	00:11:42	10.	00:02:10	01:10:19	37.	34,1	00:01:51	00:44:10	28.	13,5	+16:12	02:10:14	02:10:58
31.	139	Stuart O'Sullivan	m	M25-29		00:12:31	40.	00:02:17	01:08:26	24.	35,0	00:01:21	00:46:20	47.	12,9	+16:56	02:10:58	02:12:40
32.	16	Stephen Collins	m	M35-39	Blackwater TC	00:13:06	70.	00:02:31	01:08:52	31.	34,8	00:01:45	00:44:54	34.	13,3	+17:09	02:11:10	02:11:36

Standard Distance

Rank	Bib	Name	Last	Sex	Age	Club	Swim	Pos	T1	Cycle	Pos	Km/h	T2	Run	Pos	Km/h	Gap	Finish	Gun
33.	6	Edward	O'brien	m	M45-49	Blackwater TC	00:13:40	102.	00:01:59	01:08:44	29.	34,9	00:01:41	00:45:25	37.	13,2	+17:28	02:11:30	02:12:30
34.	46	Alan	Bateman	m	M45-49	Cork TC	00:12:52	55.	00:02:11	01:08:47	30.	34,8	00:01:41	00:46:01	43.	13,0	+17:33	02:11:34	02:13:04
35.	137	John	Fogarty	m	M40-44		00:13:34	97.	00:01:57	01:12:25	50.	33,1	00:02:01	00:41:38	15.	14,4	+17:34	02:11:36	02:12:00
36.	1	Robert	O'Brien	m	M45-49	Athy Triathlon Club	00:11:39	7.	00:01:47	01:14:40	67.	32,1	00:01:23	00:42:36	19.	14,0	+18:06	02:12:07	02:12:43
37.	9	Kieran	Duggan	m	M45-49	Blackwater TC	00:13:12	79.	00:01:41	01:10:55	40.	33,8	00:01:41	00:44:40	32.	13,4	+18:09	02:12:11	02:15:06
38.	78	Greg	O'connor	m	M45-49	Kinsale TC	00:12:22	29.	00:02:25	01:13:02	55.	32,8	00:01:29	00:43:13	22.	13,8	+18:32	02:12:33	02:12:56
39.	40	James	Fahey	m	M35-39	Cork TC	00:12:49	53.	00:01:45	01:11:01	41.	33,7	00:01:44	00:45:21	36.	13,2	+18:40	02:12:41	02:13:36
40.	58	Declan	O connell	m	M40-44	Cork TC	00:13:07	71.	00:01:42	01:09:08	34.	34,7	00:01:38	00:47:08	58.	12,7	+18:43	02:12:44	02:14:18
41.	112	Martin	Stevenson	m	M45-49	Tried & Tested TC	00:12:14	24.	00:02:08	01:11:57	46.	33,3	00:01:53	00:45:28	39.	13,1	+19:41	02:13:42	02:15:57
42.	152	Donncha	Long	m	M35-39		00:12:50	54.	00:03:24	01:12:44	53.	32,9	00:02:16	00:42:45	20.	14,0	+19:59	02:14:01	02:18:02
43.	98	Pj	Dunne	m	M40-44	Racing 795 TC	00:12:30	38.	00:02:09	01:11:31	44.	33,5	00:00:23	00:47:31	60.	12,6	+20:05	02:14:07	02:14:41
44.	62	Sham	Riordan	m	M45-49	Crosshaven Triathlon	00:11:34	5.	00:01:42	01:11:21	43.	33,6	00:01:41	00:47:50	61.	12,5	+20:08	02:14:09	02:14:10
45.	39	Luke	Mc carthy	m	M30-34	Cork TC	00:13:57	114.	00:01:47	01:08:36	27.	34,9	00:01:34	00:48:19	64.	12,4	+20:13	02:14:14	02:14:24
46.	37	Declan	Kearney	m	M30-34	Cork TC	00:12:44	50.	00:02:32	01:10:32	38.	34,0	00:01:31	00:47:22	59.	12,6	+20:41	02:14:43	02:17:13
47.	149	Mike	Wyley	m	M45-49		00:13:22	87.	00:02:27	01:08:32	26.	35,0	00:01:27	00:49:38	74.	12,0	+21:27	02:15:29	02:15:40
48.	96	Paul	Cleary	m	M40-44	Midleton Cycling and	00:13:14	80.	00:02:56	01:12:57	54.	32,8	00:01:11	00:45:28	38.	13,1	+21:46	02:15:47	02:17:48
49.	68	Kieran	Hennerty	m	M45-49	Crosshaven Triathlon	00:14:09	123.	00:03:23	01:12:24	49.	33,1	00:02:25	00:43:53	27.	13,6	+22:14	02:16:15	02:21:18
50.	31	Flor	O'mahony	m	M30-34	Cork TC	00:12:21	27.	00:02:33	01:10:36	39.	33,9	00:01:55	00:48:53	70.	12,2	+22:18	02:16:20	02:18:55
51.	99	Jarlath	Duffy	m	M40-44	Racing 795 TC	00:13:22	86.	00:01:49	01:14:27	63.	32,2	00:01:37	00:45:33	41.	13,1	+22:49	02:16:50	02:17:21
52.	42	Bernard	O connell	m	M35-39	Cork TC	00:12:58	61.	00:01:55	01:11:03	42.	33,7	00:01:29	00:49:25	73.	12,1	+22:50	02:16:52	02:17:43
53.	20	Denise	Compton	f	F50-54	Clonmel TC	00:12:25	33.	00:01:32	01:11:42	45.	33,4	00:01:38	00:49:47	76.	12,0	+23:05	02:17:07	02:17:25
54.	4	Jonathan	Kenneally	m	M35-39	Blackwater TC	00:12:03	18.	00:01:58	01:18:02	95.	30,7	00:01:35	00:43:30	24.	13,7	+23:10	02:17:11	02:17:35
55.	89	Caitriona	Farrell	f	F35-39	Limerick TC	00:16:45	146.									+23:17	02:17:18	02:17:08
56.	118	Aoife	Mcevoy	f	F35-39	Trilogy Triathlon Club	00:13:29	92.	00:02:03	01:12:02	47.	33,3	00:01:43	00:48:08	62.	12,4	+23:24	02:17:26	02:19:12
57.	19	Peter	O brien	m	M35-39	Blackwater TC	00:12:11	22.	00:03:11	01:13:17	57.	32,7	00:02:05	00:46:46	54.	12,8	+23:30	02:17:32	02:21:54
58.	105	Anthony	Mason	m	M25-29	South Coast TC	00:12:34	43.	00:02:02	01:14:35	64.	32,1	00:01:46	00:46:55	55.	12,7	+23:53	02:17:54	02:20:19
59.	153	Niall	O'halloran	m	M45-49		00:14:06	120.	00:03:11	01:09:08	35.	34,7	00:01:59	00:50:03	78.	11,9	+24:27	02:18:29	02:23:07
60.	50	Robert	Williams	m	M30-34	Cork TC	00:12:18	26.	00:02:53	01:13:48	59.	32,5	00:02:57	00:46:42	53.	12,8	+24:39	02:18:40	02:21:11
61.	84	Sinead	Walsh	f	F45-49	Limerick TC	00:11:33	4.	00:01:40	01:12:42	52.	33,0	00:02:01	00:51:03	88.	11,7	+25:00	02:19:01	02:19:14
62.	53	Cian	Lowney	m	M30-34	Cork TC	00:13:56	113.	00:02:48	01:14:35	65.	32,1	00:01:33	00:46:09	44.	13,0	+25:02	02:19:04	02:23:35
63.	169	Tony	Dunne	m	M45-49		00:12:47	52.	00:02:51	01:17:28	87.	30,9	00:01:44	00:44:34	31.	13,4	+25:25	02:19:27	02:21:50
64.	85	Daniel	Shanahan	m	M40-44	Limerick TC	00:13:10	77.	00:02:02	01:16:01	78.	31,5	00:01:52	00:46:23	48.	12,9	+25:29	02:19:31	02:22:16
65.	65	Fiona	Foley	f	F45-49	Crosshaven Triathlon	00:13:20	84.	00:02:37	01:13:16	56.	32,7	00:02:12	00:48:11	63.	12,4	+25:37	02:19:39	02:24:31
66.	83	Peter	Hunt	m	M25-29	Limerick TC											+25:53	02:19:55	02:19:04
67.	45	Tadhg	O leary	m	M40-44	Cork TC	00:13:04	65.	00:02:02	01:12:35	51.	33,0	00:02:38	00:50:23	80.	11,9	+26:44	02:20:45	02:24:44
68.	110	Paul	Dee-carter	m	M45-49	Tried & Tested TC	00:13:26	91.	00:02:18	01:14:35	66.	32,1	00:01:36	00:48:53	71.	12,2	+26:50	02:20:51	02:23:38
69.	29	Gerard	Maher	m	M30-34	Cork TC	00:12:27	34.	00:01:37	01:14:56	71.	32,0	00:01:30	00:51:00	87.	11,7	+27:30	02:21:32	02:21:46
70.	2	Eoin	Travers	m	M25-29	Belpark TC	00:14:47	136.	00:01:56	01:16:41	82.	31,2	00:01:18	00:47:05	57.	12,7	+27:47	02:21:49	02:26:37

Standard Distance

Rank	Bib	Name	Last	Sex	Age	Club	Swim	Pos	T1	Cycle	Pos	Km/h	T2	Run	Pos	Km/h	Gap	Finish	Gun
71.	123	Fantastic	Fantastic	m	Relay		00:11:54	15.	00:01:24	01:20:36	110.	29,7	00:01:29	00:46:36	52.	12,8	+27:59	02:22:01	02:22:48
72.	124	Judit and	Judit and	m	Relay	Tried & Tested TC	00:12:16	25.	00:02:18	01:18:02	94.	30,7	00:01:40	00:48:20	65.	12,4	+28:37	02:22:38	02:23:43
73.	113	David	Donnelly	m	M40-44	Tried & Tested TC	00:13:45	106.	00:03:18	01:16:37	80.	31,3	00:02:00	00:46:59	56.	12,7	+28:38	02:22:40	02:26:53
74.	91	Liam	Aherne	m	M35-39	Mallow TC	00:13:22	85.	00:02:22	01:18:56	102.	30,4	00:01:31	00:46:33	51.	12,8	+28:44	02:22:46	02:24:50
75.	48	Robert	Hawkins	m	M45-49	Cork TC	00:13:41	104.	00:02:46	01:15:24	74.	31,8	00:02:06	00:48:48	69.	12,2	+28:46	02:22:47	02:23:51
76.	11	Gina	Lyons	f	F40-44	Blackwater TC	00:13:08	73.	00:02:43	01:18:40	100.	30,5	00:01:51	00:46:28	49.	12,9	+28:50	02:22:52	02:25:10
77.	79	Oliver	Mccarthy	m	M40-44	Kinsale TC	00:14:34	130.	00:02:32	01:14:27	62.	32,2	00:01:36	00:50:03	79.	11,9	+29:13	02:23:15	02:25:27
78.	134	Benjamin	O'Leary	m	M25-29		00:11:49	14.	00:02:30	01:16:36	79.	31,3	00:01:49	00:50:31	84.	11,8	+29:16	02:23:17	02:23:21
79.	97	Ciara	Cairns	f	F40-44	Nenagh Triathlon Club	00:12:38	46.	00:01:31	01:18:24	98.	30,6	00:01:25	00:49:38	75.	12,0	+29:36	02:23:38	02:25:28
80.	132	Niall	Purcell	m	M30-34		00:13:35	98.	00:03:18	01:15:21	73.	31,8	00:02:40	00:48:44	68.	12,3	+29:39	02:23:41	02:27:40
81.	43	Barry	O'sullivan	m	M35-39	Cork TC	00:13:09	76.	00:02:32	01:15:31	75.	31,7	00:02:07	00:50:24	81.	11,9	+29:44	02:23:45	02:24:39
82.	159	David	Mullins	m	M50-54		00:12:39	48.	00:02:54	01:15:57	77.	31,5	00:01:42	00:50:50	85.	11,8	+30:03	02:24:04	02:26:11
83.	51	Tim	O'Sullivan	m	M50-54	Cork TC	00:13:06	69.	00:03:00	01:14:55	70.	32,0	00:02:09	00:51:49	93.	11,5	+31:00	02:25:01	02:29:04
84.	127	Ashleigh	Byrne	f	F30-34		00:14:57	140.	00:02:53	01:13:55	61.	32,4	00:02:28	00:52:38	98.	11,3	+32:51	02:26:53	02:31:32
85.	163	Michael	Herlihy	m	M35-39		00:13:05	68.	00:03:41	01:19:49	106.	30,0	00:01:56	00:48:26	66.	12,3	+32:59	02:27:00	02:29:26
86.	125	Pana-Posse	Pana-Posse	m	Relay		00:13:08	74.	00:01:07	01:18:03	96.	30,7	00:02:20	00:52:21	95.	11,4	+32:59	02:27:01	02:29:00
87.	154	Darragh	Kelly	m	M20-24		00:14:08	121.	00:03:42	01:17:17	86.	31,0	00:02:59	00:48:56	72.	12,2	+33:03	02:27:04	02:29:07
88.	87	Angela	Robertson	f	F45-49	Limerick TC	00:13:33	96.	00:01:49	01:14:49	69.	32,0	00:02:10	00:55:17	111.	10,8	+33:38	02:27:40	02:31:27
89.	13	Sean	Sharpe	m	M25-29	Blackwater TC	00:12:28	36.	00:02:10	01:19:18	104.	30,2	00:02:15	00:51:48	92.	11,5	+33:59	02:28:01	02:30:20
90.	95	Kieran	Murphy	m	M40-44	Midleton Cycling and	00:13:32	94.	00:02:22	01:17:30	88.	30,9	00:02:22	00:52:25	96.	11,4	+34:12	02:28:14	02:31:11
91.	90	Heather	O'Brien	f	F35-39	Mallow TC	00:13:44	105.	00:02:25	01:16:40	81.	31,3	00:01:53	00:53:33	101.	11,2	+34:17	02:28:18	02:30:28
92.	131	Eamon	Heaney	m	M45-49		00:11:42	9.	00:02:04	01:17:01	85.	31,1	00:02:07	00:55:30	114.	10,8	+34:24	02:28:26	02:31:17
93.	129	Alan	Smith	m	M50-54		00:14:02	118.	00:03:20	01:18:01	93.	30,7	00:02:06	00:50:55	86.	11,7	+34:25	02:28:26	02:31:23
94.	103	Philip	O'mahony	m	M40-44	South Coast TC	00:14:19	124.	00:02:58	01:17:39	91.	30,9	00:02:13	00:51:18	90.	11,6	+34:27	02:28:28	02:31:30
95.	80	Katie	Hogan	f	F45-49	Kinsale TC	00:13:39	101.	00:02:46	01:20:01	108.	29,9	00:01:53	00:50:29	83.	11,8	+34:48	02:28:50	02:31:36
96.	14	Adam	Blaiklock	m	M35-39	Blackwater TC	00:13:15	81.	00:04:03	01:17:38	90.	30,9	00:02:46	00:51:23	91.	11,6	+35:06	02:29:07	02:32:50
97.	70	Graham	Virgo	m	M40-44	Crosshaven Triathlon	00:14:49	138.	00:02:28	01:13:55	60.	32,4	00:02:29	00:55:26	113.	10,8	+35:08	02:29:09	02:34:01
98.	138	Michael	Flynn	m	M35-39		00:12:46	51.	00:01:58	01:12:13	48.	33,2	00:01:42	01:00:35	132.	9,9	+35:14	02:29:16	02:32:25
99.	71	Hugh	Mccarthy	m	M40-44	Ennis TC	00:12:04	20.	00:02:16	01:26:53	129.	27,6	00:02:02	00:46:11	45.	12,9	+35:27	02:29:29	02:31:39
100.	67	Jason	Tivy	m	M45-49	Crosshaven Triathlon	00:14:20	125.	00:03:55	01:18:56	101.	30,4	00:02:21	00:50:01	77.	11,9	+35:34	02:29:35	02:34:31
101.	111	Eoin	O'riordan	m	M45-49	Tried & Tested TC	00:13:05	66.	00:03:12	01:18:19	97.	30,6	00:01:20	00:54:00	104.	11,1	+35:56	02:29:58	02:34:02
102.	17	Anthony	Brien	m	M40-44	Blackwater TC	00:13:53	108.	00:03:16	01:16:45	83.	31,2	00:01:54	00:54:20	108.	11,0	+36:09	02:30:11	02:33:18
103.	66	Kieran	Murphy	m	M45-49	Crosshaven Triathlon	00:13:36	99.	00:02:25	01:17:52	92.	30,8	00:02:09	00:54:14	105.	11,0	+36:17	02:30:19	02:35:13
104.	155	Eoghan	Osullivan	m	M40-44		00:15:04	141.	00:03:09	01:15:08	72.	31,9	00:02:09	00:55:34	115.	10,7	+37:04	02:31:06	02:33:57
105.	160	CONOR	Creedon	m	M25-29		00:13:07	72.	00:02:16	01:19:48	105.	30,0	00:01:41	00:54:16	106.	11,0	+37:07	02:31:09	02:33:26
106.	146	Colm	Kelliher	m	M40-44		00:12:53	57.	00:02:24	01:19:51	107.	30,0	00:01:49	00:54:20	107.	11,0	+37:18	02:31:19	02:32:57
107.	7	Jim	Crowley	m	M50-54	Blackwater TC	00:13:17	82.	00:02:42	01:14:45	68.	32,1	00:01:51	00:59:57	128.	10,0	+38:31	02:32:32	02:36:56
108.	130	Jane	O'keeffe	f	F30-34		00:11:54	16.	00:03:05	01:23:40	122.	28,6	00:02:26	00:52:31	97.	11,4	+39:36	02:33:38	02:34:13

Standard Distance

Rank	Bib	Name	Last	Sex	Age	Club	Swim	Pos	T1	Cycle	Pos	Km/h	T2	Run	Pos	Km/h	Gap	Finish	Gun
109.	142	Ken	Steele	m	M55-59		00:14:36	131.	00:03:03	01:17:31	89.	30,9	00:02:27	00:56:20	116.	10,6	+39:58	02:34:00	02:34:29
110.	49	Rob	O'Leary	m	M40-44	Cork TC	00:13:31	93.	00:02:55	01:18:39	99.	30,5	00:02:25	00:57:19	120.	10,4	+40:50	02:34:52	02:39:09
111.	69	Colin	Lawless	m	M35-39	Crosshaven Triathlon	00:14:32	129.	00:02:46	01:21:35	113.	29,4	00:01:45	00:54:58	110.	10,9	+41:36	02:35:38	02:40:37
112.	61	Kieran	Curtin	m	M30-34	Cork TC	00:13:40	103.	00:04:17	01:22:44	119.	29,0	00:01:47	00:53:32	100.	11,2	+42:01	02:36:03	02:38:42
113.	143	Klaus	Fleisch	m	M50-54		00:13:23	88.	00:03:39	01:24:45	124.	28,3	00:02:15	00:52:20	94.	11,4	+42:22	02:36:23	02:38:04
114.	150	Tom	Lennon	m	M45-49		00:14:51	139.	00:04:29	01:21:08	111.	29,5	00:02:50	00:53:06	99.	11,2	+42:25	02:36:26	02:41:02
115.	140	Leonard	Goodwin	m	M40-44		00:13:23	89.	00:04:18	01:26:04	128.	27,8	00:02:38	00:50:25	82.	11,8	+42:49	02:36:50	02:40:29
116.	114	Sinead	Ni Fhaolain	f	F35-39	Tried & Tested TC	00:13:53	110.	00:03:09	01:27:25	132.	27,4	00:02:02	00:51:15	89.	11,7	+43:45	02:37:46	02:41:58
117.	165	Damien	Clifford	m	M35-39		00:13:32	95.	00:03:29	01:15:36	76.	31,7	00:02:22	01:02:47	138.	9,5	+43:46	02:37:48	02:41:38
118.	117	Trish	Nicholls	f	F60-64	Trilogy Triathlon Club	00:12:52	56.	00:01:56	01:22:23	116.	29,1	00:02:27	00:58:42	125.	10,2	+44:20	02:38:22	02:38:45
119.	101	Laura	Keane	f	F35-39	South Coast TC	00:14:28	128.	00:02:08	01:24:33	123.	28,3	00:02:02	00:55:21	112.	10,8	+44:33	02:38:35	02:41:08
120.	92	Bill	Martin	m	M35-39	Mallow TC	00:13:47	107.	00:01:54	01:27:50	134.	27,3	00:02:06	00:53:42	102.	11,1	+45:20	02:39:21	02:43:16
121.	109	David	Mc nally	m	M50-54	Tried & Tested TC	00:15:23	142.	00:02:30	01:23:17	121.	28,8	00:02:02	00:57:03	119.	10,5	+46:15	02:40:16	02:44:12
122.	35	Eimear	Donnelly	f	F35-39	Cork TC	00:12:59	63.	00:02:55	01:25:21	125.	28,1	00:02:27	00:56:35	118.	10,6	+46:18	02:40:20	02:41:52
123.	21	Nell	Mccarthy	f	F60-64	Clonmel TC	00:12:38	47.	00:02:40	01:20:28	109.	29,8	00:01:51	01:02:43	136.	9,5	+46:21	02:40:22	02:41:36
124.	47	Jane	Mcgrath	f	F55-59	Cork TC	00:13:19	83.	00:03:08	01:19:18	103.	30,2	00:02:40	01:02:45	137.	9,5	+47:09	02:41:11	02:42:09
125.	72	Robert	Conneely	m	M35-39	Galway TC	00:15:40	143.	00:02:53	01:16:52	84.	31,2	00:02:10	01:04:46	144.	9,2	+48:21	02:42:23	02:45:55
126.	18	Alan	Crowley	m	M40-44	Blackwater TC	00:17:25	147.	00:00:00	01:22:27	117.	29,1	00:02:03	01:00:33	131.	9,9	+48:28	02:42:30	02:46:03
127.	104	Billy	Carr	m	M55-59	South Coast TC	00:13:54	112.	00:03:15	01:21:51	114.	29,3	00:03:09	01:00:40	133.	9,8	+48:50	02:42:51	02:45:29
128.	28	Michael	Coade	m	M25-29	Cork TC	00:14:03	119.	00:05:32	01:25:47	126.	27,9	00:01:42	00:56:29	117.	10,6	+49:33	02:43:34	02:48:06
129.	76	Timothy	Horgan	m	M60	Killarney TC	00:14:43	134.	00:03:26	01:22:35	118.	29,0	00:03:28	01:00:06	129.	9,9	+50:18	02:44:20	02:46:17
130.	156	Graham	Deane	m	M35-39		00:14:08	122.	00:03:30	01:23:05	120.	28,8	00:02:54	01:00:47	134.	9,8	+50:24	02:44:26	02:48:54
131.	15	Michael	Twomey	m	M35-39	Blackwater TC	00:13:53	109.	00:03:52	01:27:11	131.	27,5	00:01:54	00:57:49	122.	10,3	+50:39	02:44:40	02:49:07
132.	102	Joanne	O'halloran	f	F40-44	South Coast TC	00:13:58	115.	00:02:43	01:27:29	133.	27,4	00:01:47	00:58:56	126.	10,1	+50:54	02:44:56	02:46:44
133.	119	Lorna	O'Regan	f	F40-44	West Cork TC	00:12:31	39.	00:03:58	01:30:24	137.	26,5	00:03:51	00:54:53	109.	10,9	+51:37	02:45:38	02:46:19
134.	170	Reuben	Dowling	m	M25-29		00:12:41	49.	00:03:57	01:25:58	127.	27,9	00:01:53	01:01:19	135.	9,7	+51:48	02:45:50	02:50:33
135.	22	Ross	Gernon	m	M40-44	Cobh TC	00:15:53	145.	00:01:04	01:21:17	112.	29,5	00:00:27	01:07:50	145.	8,8	+52:32	02:46:33	02:51:15
136.	120	Niamh	Buckley	f	F40-44	Wicklow TC	00:14:40	133.	00:02:54	01:29:39	136.	26,7	00:02:03	00:57:27	121.	10,4	+52:43	02:46:45	02:47:46
137.	56	Donal	Mc Grath	m	M55-59	Cork TC	00:15:43	144.	00:03:25	01:31:34	139.	26,2	00:03:04	00:53:51	103.	11,1	+53:38	02:47:40	02:51:15
138.	164	Paul	Farrell	m	M30-34		00:14:27	126.	00:03:20	01:30:31	138.	26,5	00:02:30	00:59:42	127.	10,0	+56:31	02:50:33	02:55:18
139.	166	MARY	O'BRIEN	f	F45-49		00:13:09	75.	00:04:12	01:32:34	140.	25,9	00:02:42	00:57:56	123.	10,3	+56:33	02:50:35	02:51:30
140.	162	Richard	Delaney	m	M40-44		00:14:27	127.	00:04:16	01:28:15	135.	27,1	00:03:48	01:00:18	130.	9,9	+57:05	02:51:06	02:54:49
141.	158	Cliona	Hurley	f	F40-44		00:14:00	117.	00:03:47	01:27:08	130.	27,5	00:03:28	01:03:02	139.	9,5	+57:26	02:51:28	02:53:44
142.	126	the	the	m	Relay	Blackwater TC	00:13:37	100.	00:01:15	01:35:24	145.	25,1	00:01:37	01:04:36	143.	9,2	+62:30	02:56:32	02:58:54
143.	174	Laura	Bowens	f	F35-39		00:13:24	90.	00:04:06	01:33:18	142.	25,7	00:03:32	01:03:34	140.	9,4	+63:54	02:57:56	02:59:51
144.	172	Roy	O Riordan	m	M25-29		00:17:34	148.	00:02:37	01:34:36	144.	25,3	00:01:50	01:04:11	141.	9,3	+66:49	03:00:51	03:02:49
145.	171	Eilish	Twomey	f	F45-49		00:14:48	137.	00:04:44	01:38:56	147.	24,2	00:04:33	00:58:25	124.	10,2	+67:26	03:01:27	03:05:43
146.	115	Simon	Moloney	m	M30-34	Tried & Tested TC	00:14:39	132.	00:04:47	01:35:39	146.	25,0	00:02:00	01:04:31	142.	9,2	+67:37	03:01:39	03:05:54

Standard Distance

Rank	Bib	Name	Last	Sex	Age	Club	Swim	Pos	T1	Cycle	Pos	Km/h	T2	Run	Pos	Km/h	Gap	Finish	Gun
147.	144	Cyril	McMahon	m	M40-44		00:14:00	116.	00:03:49	01:32:41	141.	25,8	00:02:17	01:16:24	146.	7,8	+75:10	03:09:12	03:10:26
	94	Matej	Ludvik	m	M30-34	Midleton Cycling and													
	88	Finbar	Aherne	m	M30-34	Limerick TC													
	86	Shona	Keane	f	F35-39	Limerick TC													
	82	Neil	Foley	m	M30-34	Limerick TC													
	64	Damien	Archer-good	m	M40-44	Crosshaven Triathlon													
	63	Kevin	Mccarthy	m	M45-49	Crosshaven Triathlon													
	60	Roisin	Burke	f	F30-34	Cork TC													
	57	Martin	O shea	m	M35-39	Cork TC													
	55	Geraldine	O'shea	f	F50-54	Cork TC													
	52	Steve	Evans	m	M65-69	Cork TC													
	27	Don	Lapierre	m	M45-49	Cork TC													
	10	Niall	O'Riordan	m	M40-44	Blackwater TC													
	320	David	Barton	m															
	168	Richard	Allen	m	M35-39														
	167	Art	Van	m	M60														
	161	Carrie	Denham	f	F35-39														
	151	Eoin	O'sullivan	m	M40-44														
	147	Leonard	O'Sullivan	m	M45-49														
	145	Mark	O'malley	m	M35-39														
	133	Peter	Meaney	m	M50-54														
	128	Dermot	Johnson	m	M50-54														
	116	Gary	Condell	m	M25-29	Trilogy Triathlon Club													
DNF	77	Karen	Stephenson	f	F35-39	Kinsale TC	00:12:28	37.	00:03:01	01:02:05	2.	38,6						01:20:55	01:23:38
DNF	24	Vaughan	Ryan	m	M55-59	Cork TC	00:14:46	135.	00:02:04	01:21:59	115.	29,2	00:00:12	00:13:42	2.	43,7		01:52:46	01:54:52
DNS	74	Howard	Triggs	m	M50-54	Kilkenny Triathlon Club													

Number of records: 172